



FOUNDATIONS OF JOYFUL WATER

Nicole Fairfield

FOUNDATIONS OF JOYFUL WATER: BUILDING CONFIDENCE AND SAFETY

First Splash (6-15 Months) &
Aqua Explorers (16-36 Months)
Nicole Fairfield



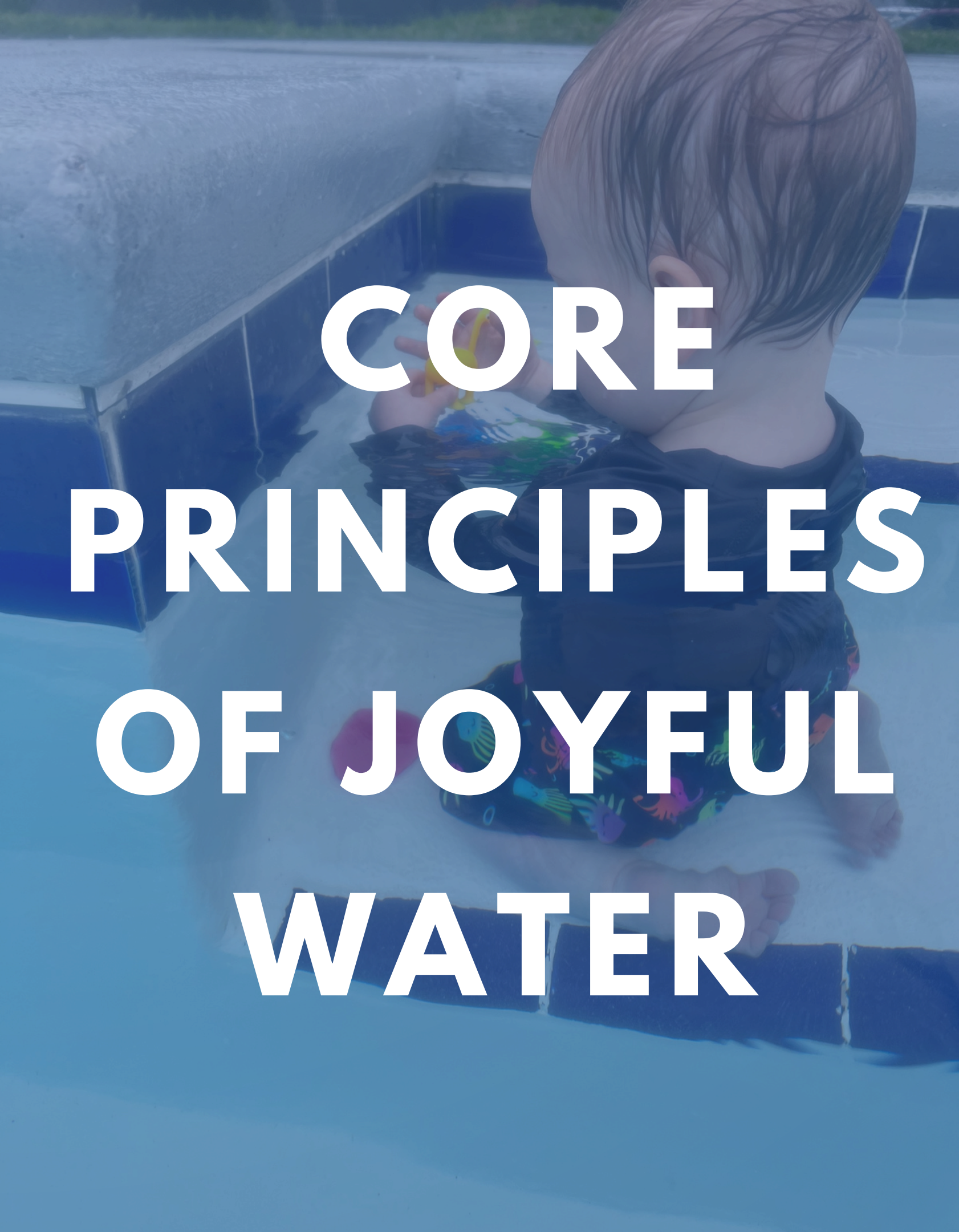


OUR CORE PHILOSOPHY



Nurturing a Lifelong Love of Water

- Child-led, Montessori-based approach
- Emotional well-being and water safety prioritized
- Trauma-free, engaging experience
- Respect for the child.



CORE PRINCIPLES OF JOYFUL WATER



- Developmentally
Appropriate Practices
- Effective Teaching
Strategies
- Safety First
- Progressive Learning

**LEARNING
OBJECTIVES:
FIRST SPLASH
(6-15 MONTHS)**



**FIRST SPLASH:
BUILDING COMFORT
AND TRUST**

- Establish Comfort and Trust in Water
- Increase Water Confidence and Independence
- Promote Sensory Awareness
- Build Basic Swimming Skills
- Develop Core Strength and Coordination
- Safety and Water Familiarity
- Positive Reinforcement of Water Skills

LEARNING OBJECTIVES: AQUA EXPLORERS (16- 36 MONTHS)

AQUA EXPLORERS: GROWING INDEPENDENCE AND SKILLS

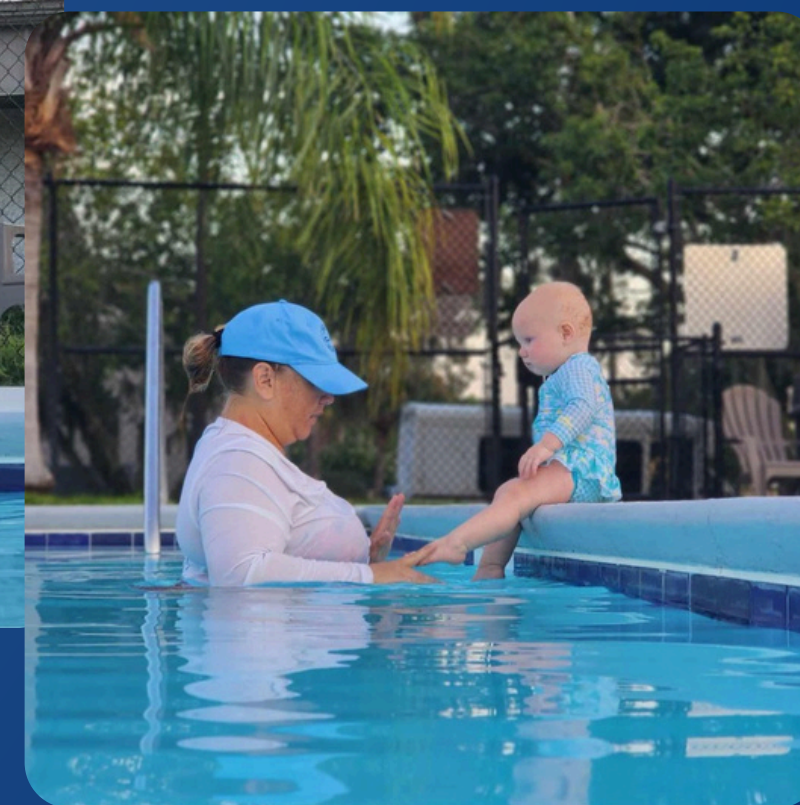
- Establish Comfort and Trust in Water
- Increase Water Confidence and Independence
- Promote Sensory Awareness
- Build Basic Swimming Skills
- Develop Core Strength and Coordination
- Safety and Water Familiarity
- Positive Reinforcement of Water Skills
- Understanding of pool safety, and boundaries.



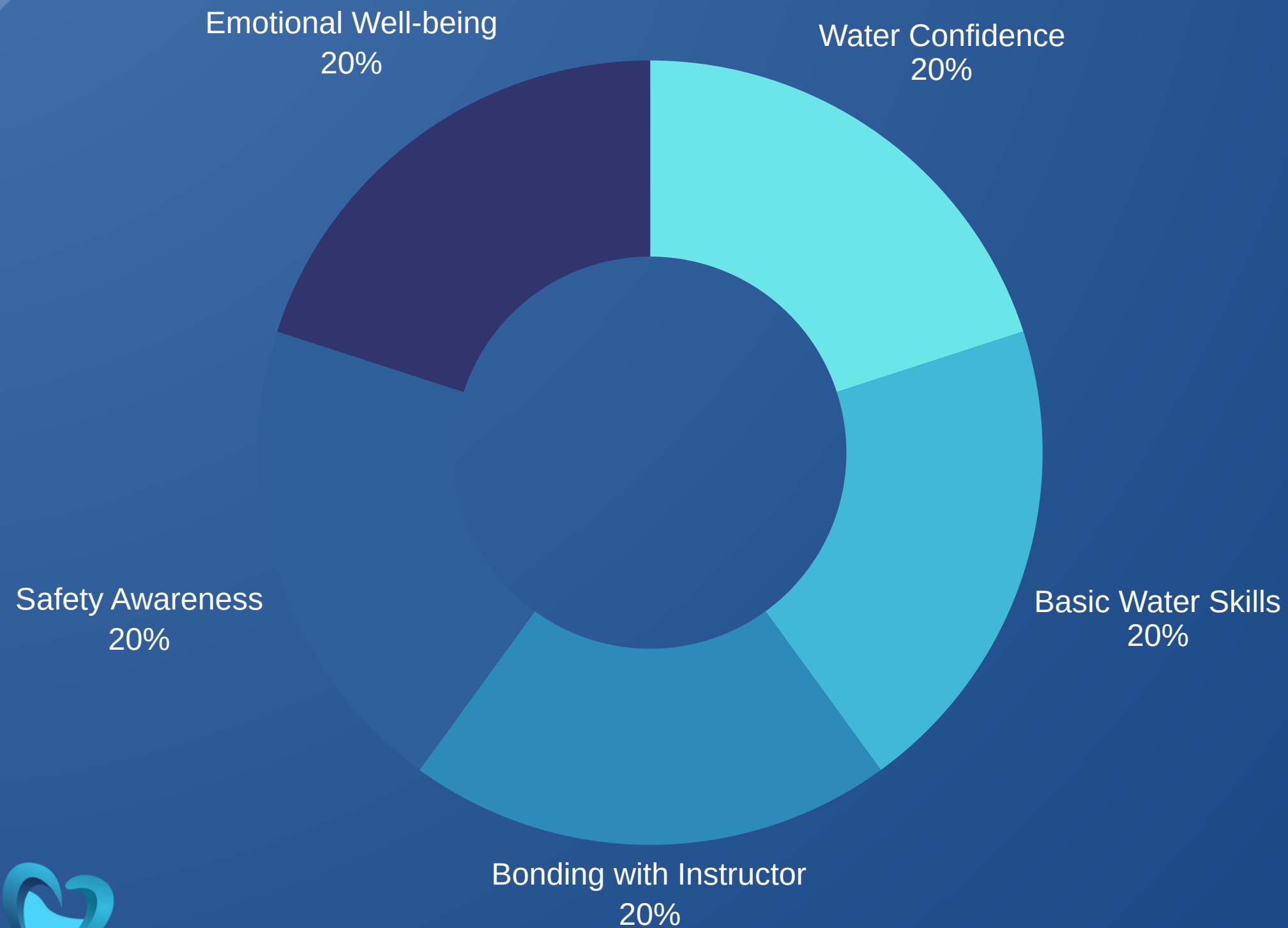
KEY DIFFERENCES: FIRST SPLASH VS. AQUA EXPLORERS

Understanding the Developmental Stages

- Age & Developmental Stage
- Previous Water Exposure
- Independence & Safety Awareness



WHAT CHILDREN WILL ACHIEVE





The Importance of Parental Partnership

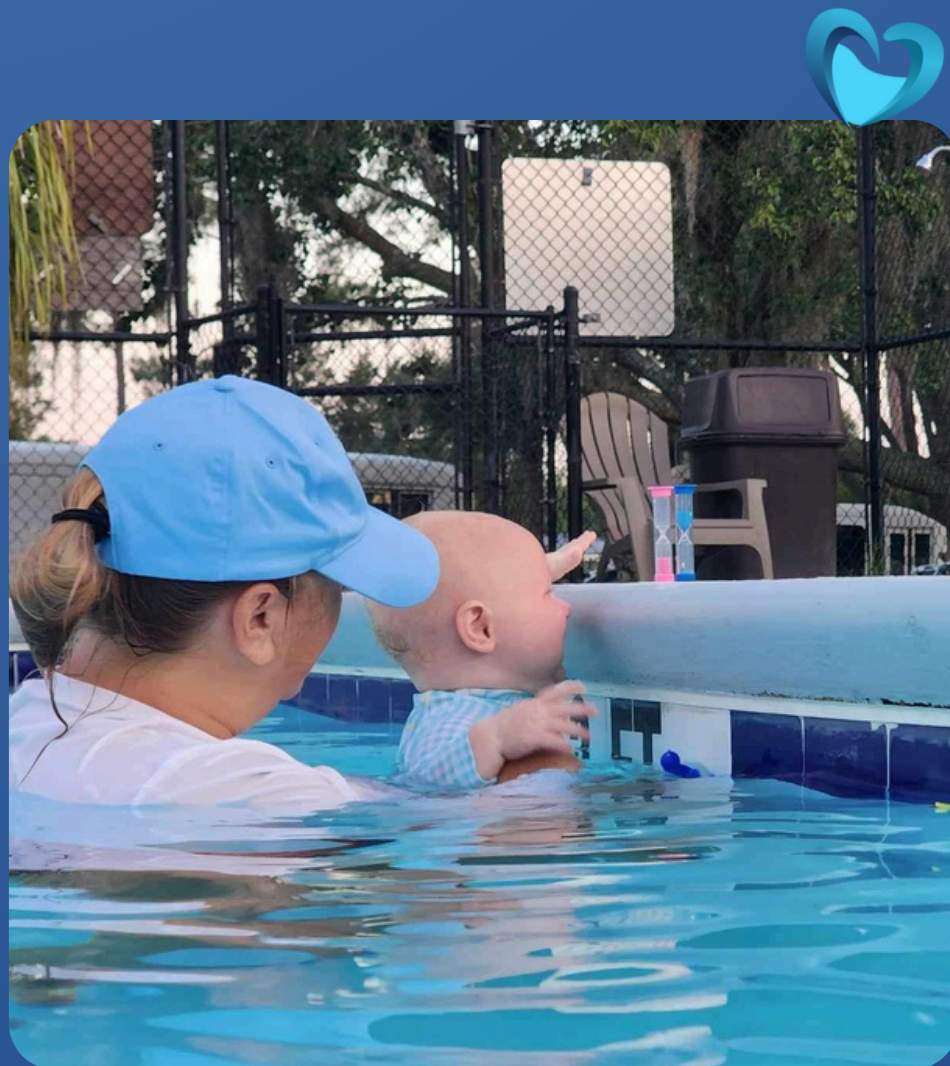
- Parental Presence and Observation
- Managing Separation Anxiety
- Safety Protocols for Parents

A photograph showing two women, one in a blue shirt and one in a white shirt and blue cap, supporting a young child who is wrapped in a white blanket. They are standing in front of a chain-link fence with greenery in the background.

PARENTAL INVOLVEMENT & SAFETY

OUR UNIQUE APPROACH: MONTESSORI IN THE WATER

Child Led Learning

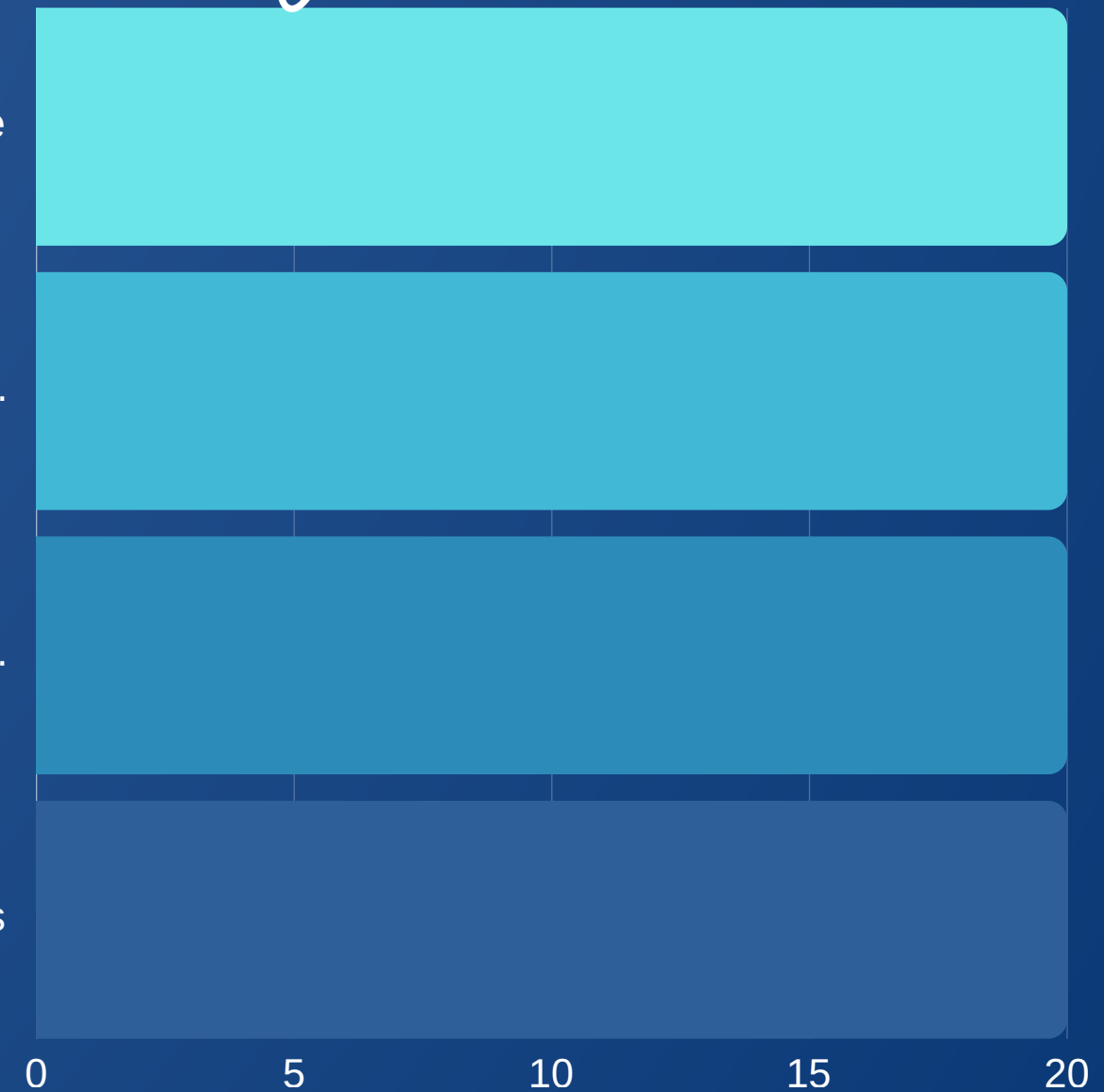


Respecting the child's pace

Observing and responding to the child's current interests.

Allowing children to learn at their own rate.

Avoiding forcing a child to achieve goals



SAFETY: BEYOND "DROWN-PROOFING"

Emotional Well-being and Water Safety

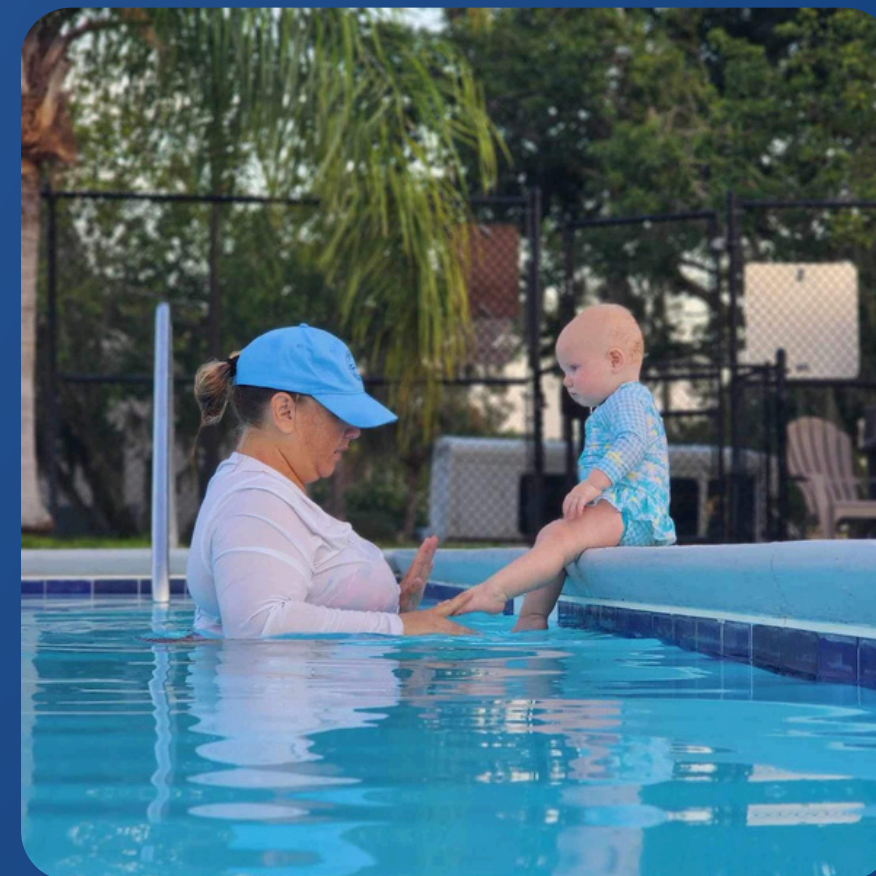
- The Difference Between Water Confidence and Water Safety
- The Risks of Forced Drown-Proofing Methods
- The Importance of Parental Supervision
- Supporting Emotional Well-Being
- The dangers of over stress on young brains.
- Best practices for swim safety education.



TRUST-BASED LEARNING

Building Trust, Not Fear

- Gradual skill development
- Positive reinforcement
- Nurturing environment
- Addressing emotional needs



BUILDING A FOUNDATION FOR LIFELONG WATER JOY

Foundation of Trust and Safety:

- "We prioritize creating a nurturing, trauma-free environment where children feel safe and secure in the water."
- "Building trust between the child, instructor, and parents is paramount."

Child-Centered Learning:


- "Our Montessori-inspired approach emphasizes child-led learning, respecting each child's individual pace and developmental stage."
- "We focus on observing and responding to each child's cues, fostering intrinsic motivation."

Developmentally Appropriate Practices:

- "Our program is designed with age-appropriate activities, tailored to the unique needs of infants and toddlers."
- "We understand the differences between First Splash and Aqua Explorers, and adjust our teaching accordingly."

Water Safety and Emotional Well-being:

- "We differentiate between water confidence and water safety, prioritizing both."
- "We avoid forced 'drown-proofing' methods, emphasizing gradual skill development and emotional well-being."
- "Parental involvement is crucial for reinforcing safety and providing supervision"

The background of the slide features a blurred image of children playing in water. Overlaid on this are several semi-transparent geometric shapes, including triangles and a circle, in shades of blue and grey. The text is centered and rendered in a clean, white, sans-serif font.

BUILDING LIFELONG POSITIVE ASSOCIATIONS:

"Our goal is to create a lifelong love of water, ensuring children develop positive associations with aquatic experiences."

"By combining safety, emotional well-being, and engaging activities, we empower children to become confident and water-safe."



Joyful Waters

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